

Love Comforting

St. John 16v.7

“Nevertheless I tell you the truth: It is for your advantage that I go away, for if I do not go away, the Comforter will not come to you. But if I go, I will send him to you.”

v.12

“I have yet many things to say to you, but you cannot bear them now.”

v.15

“All that the Father has is mine. He will take what is mine and declare it to you.”

Comforting means bringing strength to one who is distressed or in weakness of any kind. In the love the Father has for his children He sends the Holy Spirit. The Spirit does not say their suffering is not unreal or unimportant but brings the presence of Jesus who went through all suffering and all weakness to His resurrection life. His presence strengthens, enlivens and enables us to face the future.

Silence or Music.

Spend time seeking the comfort of the Holy Spirit. Give thanks for every experience of His renewing strength, through his word of promise, through an encouraging friend, in the stillness as you remember the faithfulness of God.

*But O! my Friend,
My Friend indeed,
Who at my need
His life did spend.*

Prayer

Send us out in the power of your spirit to live and work to your praise and glory. Amen

(Holy Communion, Common Worship)